



Integrated Coach Training
FLUXIFY
703 Establishing
Current as of January 2022



703 Establishing Syllabus

Course Expectations and Requirements:

This syllabus describes educational expectations for completing 703 Establishing as a part of the PCC Pathway. If you have questions, please contact Amy Glazer (aglazer@FLUXIFY.net/330.936.3768).

Basic Information:

- 703 Establishing
- Online via the Integrated Coach Training Platform and asynchronous/on-demand learning.

Number of Coach Specific Training Hours:

4 hours

- 1 x two hour class session (online)
- Two hours asynchronous/on-demand learning, designed as pre-work
- One writing assignment (submitted for review by instructor)

FLUXIFY uses Zoom Meeting for our online training. You can access through the Zoom Meeting app or your browser. Specific links for each course are sent after enrollment through a calendar invite.

Instructor's Name:

Dave Brunelle, PCC
dbrunelle@FLUXIFY.net
216.224.7625

Contacting the CoachNet Team:

Amy Glazer, PCC
Director of Operations
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330.936.3768

Website Description:

The ceiling for a coaching relationship is often set in the first session or two. High impact coaches build trust, rapport and healthy boundaries that set their coaching relationships up for maximum success. This course explores what it takes to connect with your client in ways that ensure your relationship is effective.

You'll discover what relational foundation is most effective, how to draw out the client's deepest purpose, establish the coaching agreement and to work with your client toward their outcomes. This course will help ensure your coaching relationships start fast and go deep.

703 Establishing covers the following ICF Core Competencies:

- #3 Establishes and Maintains Agreements
- #4 Cultivates Trust and Safety
- #5 Maintains Presence
- #8 Facilitates Client Growth

Course Objectives:

The objectives for this course are:

- Develop coaching agreements that align with client goals.
- Structure coaching engagements to serve clients.
- Choose tactics and strategies from coaching toolkit to support results.
- Tailor check in strategies to maximize time in coaching conversations.
- Build in feedback to ensure coach-client alignment.

Required Student Resources:

To successfully complete 703 Establishing you will need:

- A reliable internet connection
- A reliable telephone
- An email address
- Word processing software to submit final assignments in Microsoft Word format

Course Schedule/Outline/Calendar of Events:

703 Establishing format: online for 1 - 120 minute session and 2 hours asynchronous learning. Format includes follow up assignment.

703 Establishing begins online 2-3 times per year on average.

Course Outline:

Session	Class Focus	Follow Up Assignment
1	Ensuring Effectiveness	
	Permission and the Coaching Agreement	
	How to Build a Coaching Relationship	
	Best Practices for Starting Well	Journal Assignment (15-45 Minutes)

All assignments must be submitted to the Instructor within 30 days of the final class.

Criteria for Grading:

703 Establishing is conducted on a pass/fail basis.

You will pass 703 Establishing if:

- You attend the required 1 live course session and participate in class discussions
- You watch the asynchronous on-demand learning
- You submit your writing assignments demonstrating comprehension and application of the material

Attendance Policy:

703 Establishing is a Short Course (4 hours) in Integrated Coach Training.

The attendance policy for Short Courses is as follows:

- 100% attendance to the live session and completion of the asynchronous training is required.
- If you miss more than 10 minutes of the live session, you will be required to attend the live session at a future offering in its entirety.
- No recording review to make up a session is available.
- Failure to meet these criteria will result in your Short course being marked incomplete.

Suggested Bibliography:

Reitz, Jonathan. Coaching Hacks. Cleveland, OH CoachNet Global LLC. 2017

Ogne, Steven L. & Roehl, Tim. Transformissional Coaching: Empowering Leaders in a Changing Ministry World. Nashville, TN B&H Publishing Group. 2008.

Reitz, Jonathan. A Theology of Coaching. Cleveland, OH CoachNet Global LLC. 2014

Whitmore, John. Coaching for Performance. Hoboken, NJ Pfeiffer & Company. 1992.

Whitworth, Laura; Kimsey-House, Henry; and Sandahl, Phil. Co-Active Coaching. Boston, MA. Nicholas Brealey Publishing, 3rd Edition 2011.

First Taught:

- January 2013

Syllabi on Learning Platform:

- The downloadable syllabi presented online shall contain the date of last update.